

Dawpool C of E School - Week One



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
Pasta Bar Choose from either mac and cheese or tomato and basil pasta. Served with garlic bread and sweetcorn.	Butter Chicken Curry Choose from a homemade butter chicken curry Quorn pieces served with Basmati Rice, Naan bread and green beans.	Breakfast Burrito Sausage, egg, hashbrown, or Quorn sausage all wrapped up in a warm floured tortilla with beans and mushrooms.	Creamy Tomato Pasta Bake Pasta spirals coated in a creamy tomato sauce, then topped with cheese and baked in the oven. Served with salad and peas.	Fish Fingers Fish fingers served with chips, curry sauce, gravy, beans or peas.		
Jacket Potatoes and Paninis are also available daily as a hot alternative.						
Or						
Deli Bar - Available Everyday Design your own sandwich, first choose your bread - wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily - ham, cheese, tuna, egg and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, beetroot and peppers.						
Dessert Fresh Fruit, Yogurts and Cheese and Crackers are available daily.						
Fresh fruit and Yoghurt	Dessert of the Day	Dessert of the Day	Dessert of the Day	Ice Cream		
Drink A selection of fresh fruit juice and fresh milkshakes, milk and water will be available daily.						



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
Burger Day Choose from a fresh butcher's burger or a Quorn Burger served in a burger bun with cubed potatoes and corn.	Chicken Pesto Pasta Fresh chicken pieces or Quorn pieces served with pasta spirals coated in pesto sauce and crème fraiche served with garlic crumb and peas.		Chilli Nachos Choose from either fresh mince beef or Quorn mince cooked with onions, mild chilli powder, red peppers and kidney beans topped with tortilla chips and cheese served on a bed of rice.	Fish Fingers Fish fingers served with chips, curry sauce, gravy beans or peas.		
Jacket Potatoes and Paninis are also available daily as a hot alternative.						
		Or				
	first choose your bread - wrag heese, tuna, egg and finally fi		ad, then choose your filling a parrot sticks, cucumber, cherry			
		Dessert				
Fresh Fruit, Fruit Pots, Yogurts and Cheese and Crackers are available daily.						
Fresh fruít and Yoghurt	Dessert of the Day	Dessert of the Day	Dessert of the Day	Ice Cream		
Drink A selection of fresh fruit juice and fresh milkshakes, milk and water will be available daily.						