

nDawpool Primary School Menu - Week 1

Name:	Name:	Name:	Name:	Name:
Monday	Tuesday	Wednesday	Thursday	Friday
<p>Please select option:</p> <p><u>Hot Option</u> Pasta Bar <input type="checkbox"/> With Crusty Bread Chopped Green Salad Or Jacket potato with filling <input type="checkbox"/> Or</p> <p><u>Deli Option</u> <input type="checkbox"/> Design your own-to include wrap, batch or sliced bread filled with a selection from meat, tuna, egg plus a choice of salad/cous cous</p> <p>and <u>Dessert</u> Iced Lemon Sponge* or Fruit, Yoghurt, Cheese and crackers available</p> <p>and <u>Drink</u> Apple/Orange Juice Various Milkshakes Water/Milk</p> <p>*Recipe contains courgettes</p>	<p>Please select option:</p> <p><u>Hot Option</u> Chicken Chow Mein <input type="checkbox"/> Or Quorn Chow Mein <input type="checkbox"/> With vegetables and Noodles Or Jacket potato with filling <input type="checkbox"/> Or</p> <p><u>Deli Option</u> <input type="checkbox"/> Design your own-to include wrap, batch or sliced bread filled with a selection from meat, tuna, egg plus a choice of salad/cous cous</p> <p>and <u>Dessert</u> Layered Strawberry Mousse or Fruit, Yoghurt, Cheese and crackers available</p> <p>and <u>Drink</u> Apple/Orange Juice Various milkshakes Water/Milk</p>	<p>Please select option:</p> <p><u>Hot Option</u> Butcher fresh Burger <input type="checkbox"/> Or Veggie Burger <input type="checkbox"/> served with Corn on the cob Or Jacket potato with filling <input type="checkbox"/> Or</p> <p><u>Deli Option</u> <input type="checkbox"/> Design your own-to include wrap, batch or sliced bread filled with a selection from meat, tuna, egg plus a choice of salad/cous cous</p> <p>and <u>Dessert</u> Chocolate Cake* or Fruit, Yoghurt, Cheese and crackers available</p> <p>and <u>Drink</u> Apple/Orange Juice Various Milkshakes Water/Milk *Recipe contains beetroot</p>	<p>Please select option:</p> <p><u>Hot Option</u> Roast Turkey <input type="checkbox"/> Or Quorn Fillet <input type="checkbox"/> served with Yorkshire pudding, Roast potatoes, Gravy and Broccoli Or Jacket potato with filling <input type="checkbox"/> Or</p> <p><u>Deli Option</u> <input type="checkbox"/> Design your own-to include wrap, batch or sliced bread filled with a selection from meat, tuna, egg plus a choice of salad/cous cous</p> <p>and <u>Dessert</u> Shortbread Fingers or Fruit, Yoghurt, Cheese and crackers available</p> <p>and <u>Drink</u> Apple/Orange Juice Various Milkshakes Water/Milk</p>	<p>Please select option:</p> <p><u>Hot Option</u> Fish Fingers & Chips <input type="checkbox"/> Or Vegetable nuggets & Chips <input type="checkbox"/> served with Peas Or Jacket potato with filling <input type="checkbox"/> Or</p> <p><u>Deli Option</u> <input type="checkbox"/> Design your own-to include wrap, batch or sliced bread filled with a selection from meat, tuna, egg plus a choice of salad/cous cous</p> <p>and <u>Dessert</u> Ice Cream & fresh fruit salad or Fruit, Yoghurt, Cheese and crackers available</p> <p>and <u>Drink</u> Apple/Orange Juice Various Milkshakes Water/Milk</p>

Dawpool Primary School Menu - Week 2

Name:	Name:	Name:	Name:	Name:
	Tuesday	Wednesday	Thursday	Friday
<p>Please select option:</p> <p><u>Hot Option</u></p> <p>Hot Dog in a Finger Roll <input type="checkbox"/></p> <p>Or</p> <p>Quorn Sausage <input type="checkbox"/></p> <p>served with a Pasta Pot & Carrots</p> <p>Or</p> <p>Jacket potato with filling <input type="checkbox"/></p> <p>Or</p> <p><u>Deli Option</u> <input type="checkbox"/></p> <p>Design your own-to include wrap, batch or sliced bread filled with a selection from meat, tuna, egg plus a choice of salad/cous cous</p> <p>and</p> <p><u>Dessert</u></p> <p>Jam & Cream Fingers</p> <p>Or</p> <p>Fruit, Yoghurt, Cheese and crackers available</p> <p>and</p> <p><u>Drink</u></p> <p>Apple /Orange Juice</p> <p>Various Milkshakes</p> <p>Water/Milk</p>	<p>Please select option:</p> <p><u>Hot Option</u></p> <p>Noodle Bar <input type="checkbox"/></p> <p>Choose from Beef, Chicken or Quorn strips served with stir fry vegetables and sweet chilli, Garlic mayo or Hot Chilli sauce</p> <p>Or</p> <p>Jacket potato with filling <input type="checkbox"/></p> <p>Or</p> <p><u>Deli Option</u> <input type="checkbox"/></p> <p>Design your own-to include wrap, batch or sliced bread filled with a selection from meat, tuna, egg plus a choice of salad/cous cous</p> <p>and</p> <p><u>Dessert</u></p> <p>Fruit Jelly</p> <p>Or</p> <p>Fruit, Yoghurt, Cheese and crackers available</p> <p>and</p> <p><u>Drink</u></p> <p>Apple/Orange Juice</p> <p>Various Milkshakes</p> <p>Water/Milk</p>	<p>Please select option:</p> <p><u>Hot Option</u></p> <p>Mac & Cheese with bacon <input type="checkbox"/></p> <p>Or</p> <p>Mac & Cheese-no bacon <input type="checkbox"/></p> <p>Served with Peas</p> <p>Or</p> <p>Jacket potato with filling <input type="checkbox"/></p> <p>Or</p> <p><u>Deli Option</u> <input type="checkbox"/></p> <p>Design your own-to include wrap, batch or sliced bread filled with a selection from meat, tuna, egg plus a choice of salad/cous cous</p> <p>and</p> <p><u>Dessert</u></p> <p>Sticky Toffee Pudding</p> <p>Or</p> <p>Fruit, Yoghurt, Cheese and crackers available</p> <p>and</p> <p><u>Drink</u></p> <p>Apple/Orange Juice</p> <p>Various Milkshakes</p> <p>Water/Milk</p>	<p>Please select option:</p> <p><u>Hot Option</u></p> <p>Roast Beef <input type="checkbox"/> Or Quorn Fillet <input type="checkbox"/></p> <p>served with Yorkshire pudding, Roast potatoes, Gravy and Broccoli</p> <p>Or</p> <p>Jacket potato with filling <input type="checkbox"/></p> <p>Or</p> <p><u>Deli Option</u> <input type="checkbox"/></p> <p>Design your own-to include wrap, batch or sliced bread filled with a selection from meat, tuna, egg plus a choice of salad/cous cous</p> <p>and</p> <p><u>Dessert</u></p> <p>Homemade Jammie Dodgers</p> <p>Or</p> <p>Fruit, Yoghurt, Cheese and crackers available</p> <p>and</p> <p><u>Drink</u></p> <p>Apple /Orange Juice</p> <p>Various Milkshakes</p> <p>Water/Milk</p>	<p>Please select option:</p> <p><u>Hot Option</u></p> <p>Homemade Sausage Spin <input type="checkbox"/> Or Vegetable nuggets <input type="checkbox"/></p> <p>served with chips & baked beans</p> <p>Or</p> <p>Jacket potato with filling <input type="checkbox"/></p> <p>Or</p> <p><u>Deli Option</u> <input type="checkbox"/></p> <p>Design your own-to include wrap, batch or sliced bread filled with a selection from meat, tuna, egg plus a choice of salad/cous cous</p> <p>and</p> <p><u>Dessert</u></p> <p>Chocolate Oatie Cookies</p> <p>Or</p> <p>Fruit, Yoghurt, Cheese and crackers available</p> <p>and</p> <p><u>Drink</u></p> <p>Apple /Orange Juice</p> <p>Various Milkshakes</p> <p>Water/Milk</p>

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Dawpool Primary School Menu – Week 3

Name:

Name:

Name:

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Please select option:</p> <p><u>Hot Option</u> Cheese & Tomato Pizza (plus additional toppings available) <input type="checkbox"/> With Pasta Pot Cucumber sticks/cherry tomatoes Or Jacket potato with filling <input type="checkbox"/> Or <u>Deli Option</u> <input type="checkbox"/> Design your own-to include wrap, batch or sliced bread filled with a selection from meat, tuna, egg plus a choice of salad/cous cous and <u>Dessert</u> Eton Mess Or Fruit, Yoghurt, Cheese and crackers available and <u>Drink</u> Apple/Orange Juice Various Milkshakes Water/Milk</p>	<p>Please select option:</p> <p><u>Hot Option</u> Creamy Chicken Curry <input type="checkbox"/> Or Quorn curry <input type="checkbox"/> With Rice ,Broccoli & Naan bread Or Jacket potato with filling <input type="checkbox"/> Or <u>Deli Option</u> <input type="checkbox"/> Design your own-to include wrap, batch or sliced bread filled with a selection from meat, tuna, egg plus a choice of salad/cous cous and <u>Dessert</u> Frozen Smoothie Or Fruit, Yoghurt, Cheese and crackers available and <u>Drink</u> Apple/Orange Juice Various milkshakes Water/Milk</p>	<p>Please select option:</p> <p><u>Hot Option</u> Roast Pork & Apple Sauce <input type="checkbox"/> Or <input type="checkbox"/> Or Roasted Quorn <input type="checkbox"/> served with roast potato, gravy Carrot & swede Or Jacket potato with filling <input type="checkbox"/> Or <u>Deli Option</u> <input type="checkbox"/> Design your own-to include wrap, batch or sliced bread filled with a selection from meat, tuna, egg plus a choice of salad/cous cous and <u>Dessert</u> Black Forest Gateaux Or Fruit, Yoghurt, Cheese and crackers available and <u>Drink</u> Apple/Orange Juice Various Milkshakes Water/Milk</p>	<p>Please select option:</p> <p><u>Hot Option</u> Spaghetti Bolognaise <input type="checkbox"/> Or Quorn mince Bolognaise <input type="checkbox"/> With Sweetcorn & Garlic bread Or Jacket potato with filling <input type="checkbox"/> Or <u>Deli Option</u> <input type="checkbox"/> Design your own-to include wrap, batch or sliced bread filled with a selection from meat, tuna, egg plus a choice of salad/cous cous and <u>Dessert</u> Strawberry Slice Or Fruit, Yoghurt, Cheese and crackers available and <u>Drink</u> Apple/Orange Juice Various Milkshakes Water/Milk</p>	<p>Please select option:</p> <p><u>Hot Option</u> Fish Fingers & Chips <input type="checkbox"/> Or Vegetable Burger & Chips <input type="checkbox"/> served with Baked Beans Or Jacket potato with filling <input type="checkbox"/> Or <u>Deli Option</u> <input type="checkbox"/> Design your own-to include wrap, batch or sliced bread filled with a selection from meat, tuna, egg plus a choice of salad/cous cous and <u>Dessert</u> Homemade Flapjack Or Yoghurt, Cheese and crackers available and <u>Drink</u> Apple/Orange Juice Various Milkshakes Water/Milk</p>