

nDawpool Primary School Menu – Week 1

Name:	Name:	Name:	Name:	Name:
Monday	Tuesday	Wednesday	Thursday	Friday
<p>Please select option:</p> <p><u>Hot Option</u>  Pasta Bar <input type="checkbox"/>  With Crusty Bread  Chopped Green Salad  Or  Jacket potato with filling <input type="checkbox"/>  Or</p> <p><u>Deli Option</u> <input type="checkbox"/>  Design your own-to include  wrap, batch or sliced bread filled  with a selection from meat,  tuna, egg plus a choice of  salad/cous cous</p> <p>and  <u>Dessert</u>  Iced Lemon Sponge* or  Fruit, Yoghurt, Cheese and  crackers available</p> <p>and  <u>Drink</u>  Apple/Orange Juice  Various Milkshakes  Water/Milk</p> <p>*Recipe contains courgettes</p>	<p>Please select option:</p> <p><u>Hot Option</u>  Homemade Chicken  Nuggets <input type="checkbox"/>  Or  Veggie nuggets <input type="checkbox"/>  With Saute Potatoes &amp;  Carrots  Or  Jacket potato with filling <input type="checkbox"/>  Or</p> <p><u>Deli Option</u> <input type="checkbox"/>  Design your own-to include  wrap, batch or sliced bread  filled with a selection from  meat, tuna, egg plus a choice of  salad/cous cous</p> <p>and  <u>Dessert</u>  Layered Strawberry Mousse  or  Fruit, Yoghurt, Cheese and  crackers available</p> <p>and  <u>Drink</u>  Apple/Orange Juice  Various milkshakes  Water/Milk</p>	<p>Please select option:</p> <p><u>Hot Option</u>  Homemade Burger  <input type="checkbox"/> Or  Veggie Burger <input type="checkbox"/>  served with  Corn on the cob  Or  Jacket potato with filling <input type="checkbox"/>  Or</p> <p><u>Deli Option</u> <input type="checkbox"/>  Design your own-to include  wrap, batch or sliced bread  filled with a selection from  meat, tuna, egg plus a choice of  salad/cous cous</p> <p>and  <u>Dessert</u>  Chocolate Cake* or  Fruit, Yoghurt, Cheese and  crackers available</p> <p>and  <u>Drink</u>  Apple/Orange Juice  Various Milkshakes  Water/Milk  *Recipe contains beetroot</p>	<p>Please select option:</p> <p><u>Hot Option</u>  Roast Beef <input type="checkbox"/> Or  Quorn Fillet <input type="checkbox"/>  served with Yorkshire  pudding, Roast potatoes,  Gravy and  Broccoli  Or  Jacket potato with filling <input type="checkbox"/>  Or</p> <p><u>Deli Option</u> <input type="checkbox"/>  Design your own-to include  wrap, batch or sliced bread  filled with a selection from  meat, tuna, egg plus a choice of  salad/cous cous</p> <p>and  <u>Dessert</u>  Shortbread Fingers or  Fruit, Yoghurt, Cheese and  crackers available</p> <p>and  <u>Drink</u>  Apple/Orange Juice  Various Milkshakes  Water/Milk</p>	<p>Please select option:</p> <p><u>Hot Option</u>  Fish Fingers &amp; Chips <input type="checkbox"/>  Or  Vegetable Finger &amp; Chips <input type="checkbox"/>  served with Peas  Or  Jacket potato with filling <input type="checkbox"/>  Or</p> <p><u>Deli Option</u> <input type="checkbox"/>  Design your own-to include  wrap, batch or sliced bread  filled with a selection from  meat, tuna, egg plus a choice of  salad/cous cous</p> <p>and  <u>Dessert</u>  Ice Cream &amp; fresh fruit salad  or Fruit, Yoghurt, Cheese and  crackers available</p> <p>and  <u>Drink</u>  Apple/Orange Juice  Various Milkshakes  Water/Milk</p>

Dawpool Primary School Menu - Week 2

Name:	Name:	Name:	Name:	Name:
	Tuesday	Wednesday	Thursday	Friday
<p>Please select option:</p> <p><u>Hot Option</u></p> <p>Hot Dog in a Finger Roll <input type="checkbox"/></p> <p>Or</p> <p>Quorn Sausage <input type="checkbox"/></p> <p>served with a Pasta Pot &amp; Carrots</p> <p>Or</p> <p>Jacket potato with filling <input type="checkbox"/></p> <p>Or</p> <p><u>Deli Option</u> <input type="checkbox"/></p> <p>Design your own-to include wrap, batch or sliced bread filled with a selection from meat, tuna, egg plus a choice of salad/cous cous</p> <p><u>and</u></p> <p><u>Dessert</u></p> <p>Jam &amp; Cream Fingers</p> <p>Or</p> <p>Fruit, Yoghurt, Cheese and crackers available</p> <p><u>and</u></p> <p><u>Drink</u></p> <p>Apple /Orange Juice</p> <p>Various Milkshakes</p> <p>Water/Milk</p>	<p>Please select option:</p> <p><u>Hot Option</u></p> <p>Cottage Pie <input type="checkbox"/> Or</p> <p>Soya Mince Pie <input type="checkbox"/></p> <p>Served with Green beans</p> <p>Or</p> <p>Jacket potato with filling <input type="checkbox"/></p> <p>Or</p> <p><u>Deli Option</u> <input type="checkbox"/></p> <p>Design your own-to include wrap, batch or sliced bread filled with a selection from meat, tuna, egg plus a choice of salad/cous cous</p> <p><u>and</u></p> <p><u>Dessert</u></p> <p>Fruit Jelly</p> <p>Or</p> <p>Fruit, Yoghurt, Cheese and crackers available</p> <p><u>and</u></p> <p><u>Drink</u></p> <p>Apple/Orange Juice</p> <p>Various Milkshakes</p> <p>Water/Milk</p>	<p>Please select option:</p> <p><u>Hot Option</u></p> <p>Mac &amp; Cheese with bacon <input type="checkbox"/></p> <p>Or</p> <p>Mac &amp; Cheese-no bacon <input type="checkbox"/></p> <p>Served with Peas</p> <p>Or</p> <p>Jacket potato with filling <input type="checkbox"/></p> <p>Or</p> <p><u>Deli Option</u> <input type="checkbox"/></p> <p>Design your own-to include wrap, batch or sliced bread filled with a selection from meat, tuna, egg plus a choice of salad/cous cous</p> <p><u>and</u></p> <p><u>Dessert</u></p> <p>Sticky Toffee Pudding</p> <p>Or</p> <p>Fruit, Yoghurt, Cheese and crackers available</p> <p><u>and</u></p> <p><u>Drink</u></p> <p>Apple/Orange Juice</p> <p>Various Milkshakes</p> <p>Water/Milk</p>	<p>Please select option:</p> <p><u>Hot Option</u></p> <p>Hot Turkey Baguette <input type="checkbox"/> Or</p> <p>Quorn Fillet <input type="checkbox"/></p> <p>with Gravy, Onions, Cranberry sauce &amp; Chopped salad</p> <p>Or</p> <p>Jacket potato with filling <input type="checkbox"/></p> <p>Or</p> <p><u>Deli Option</u> <input type="checkbox"/></p> <p>Design your own-to include wrap, batch or sliced bread filled with a selection from meat, tuna, egg plus a choice of salad/cous cous</p> <p><u>and</u></p> <p><u>Dessert</u></p> <p>Homemade Jammie Dodgers</p> <p>Or</p> <p>Fruit, Yoghurt, Cheese and crackers available</p> <p><u>and</u></p> <p><u>Drink</u></p> <p>Apple /Orange Juice</p> <p>Various Milkshakes</p> <p>Water/Milk</p>	<p>Please select option:</p> <p><u>Hot Option</u></p> <p>Homemade Sausage Spin <input type="checkbox"/> Or</p> <p>Vegetable nuggets <input type="checkbox"/></p> <p>served with chips &amp; baked beans</p> <p>Or</p> <p>Jacket potato with filling <input type="checkbox"/></p> <p>Or</p> <p><u>Deli Option</u> <input type="checkbox"/></p> <p>Design your own-to include wrap, batch or sliced bread filled with a selection from meat, tuna, egg plus a choice of salad/cous cous</p> <p><u>and</u></p> <p><u>Dessert</u></p> <p>Chocolate Oatie Cookies</p> <p>Or</p> <p>Fruit, Yoghurt, Cheese and crackers available</p> <p><u>and</u></p> <p><u>Drink</u></p> <p>Apple /Orange Juice</p> <p>Various Milkshakes</p> <p>Water/Milk</p>

Dawpool Primary School Menu – Week 3

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Name:

Name:

Name:

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Please select option:</p> <p><u>Hot Option</u>            Cheese &amp; Tomato Pizza (plus additional toppings available) <input type="checkbox"/>            With Pasta Pot            Cucumber sticks/cherry tomatoes            Or            Jacket potato with filling <input type="checkbox"/>            Or  <u>Deli Option</u> <input type="checkbox"/>            Design your own-to include wrap, batch or sliced bread filled with a selection from meat, tuna, egg plus a choice of salad/cous cous            and  <u>Dessert</u>            Eton Mess            Or            Fruit, Yoghurt, Cheese and crackers available            and  <u>Drink</u>            Apple/Orange juice            various Milkshakes            Water/Milk</p>	<p>Please select option:</p> <p><u>Hot Option</u>            Creamy Chicken Curry <input type="checkbox"/> Or            Quorn curry <input type="checkbox"/>            With Rice, Broccoli &amp; Naan bread            Or            Jacket potato with filling <input type="checkbox"/>            Or  <u>Deli Option</u> <input type="checkbox"/>            Design your own-to include wrap, batch or sliced bread filled with a selection from meat, tuna, egg plus a choice of salad/cous cous            and  <u>Dessert</u>            Frozen Smoothie            Or            Fruit, Yoghurt, Cheese and crackers available            and  <u>Drink</u>            Apple/Orange juice            various milkshakes            Water/Milk</p>	<p>Please select option:</p> <p><u>Hot Option</u>            Roast Pork &amp; Apple Sauce <input type="checkbox"/> Or  <input type="checkbox"/> Or            Roasted Quorn <input type="checkbox"/>            served with roast potato, gravy Carrot &amp; swede            Or            Jacket potato with filling <input type="checkbox"/>            Or  <u>Deli Option</u> <input type="checkbox"/>            Design your own-to include wrap, batch or sliced bread filled with a selection from meat, tuna, egg plus a choice of salad/cous cous            and  <u>Dessert</u>            Black Forest Gateaux            Or            Fruit, Yoghurt, Cheese and crackers available            and  <u>Drink</u>            Apple/Orange juice            various Milkshakes            Water/Milk</p>	<p>Please select option:</p> <p><u>Hot Option</u>            Spaghetti Bolognaise <input type="checkbox"/> Or            Quorn mince Bolognaise <input type="checkbox"/>            With Sweetcorn            Or            Jacket potato with filling <input type="checkbox"/>            Or  <u>Deli Option</u> <input type="checkbox"/>            Design your own-to include wrap, batch or sliced bread filled with a selection from meat, tuna, egg plus a choice of salad/cous cous            and  <u>Dessert</u>            Strawberry Slice            Or            Fruit, Yoghurt, Cheese and crackers available            and  <u>Drink</u>            Apple/Orange juice            various Milkshakes            Water/Milk</p>	<p>Please select option:</p> <p><u>Hot Option</u>            Fish Fingers &amp; Chips <input type="checkbox"/>            Or            Vegetable Burger in a bun &amp; Chips <input type="checkbox"/>            served with Baked Beans            Or            Jacket potato with filling <input type="checkbox"/>            Or  <u>Deli Option</u> <input type="checkbox"/>            Design your own-to include wrap, batch or sliced bread filled with a selection from meat, tuna, egg plus a choice of salad/cous cous            and  <u>Dessert</u>            Homemade Flapjack            Or            Yoghurt, Cheese and crackers available            and  <u>Drink</u>            Apple/Orange juice            various Milkshakes            Water/Milk</p>