nDawpool Primary School Menu – Week 1

Name:	Name:	Name:	Name:	Name:
Monday	Tuesday	wednesday	Thursday	Fríday
Please select option:	Please select option:	Please select option:	Please select option:	Please select option:
Hot Option Pasta Bar□ With Crusty Bread Chopped Green Salad Or Jacket potato with filling □ Or Delí Option □ Design your own-to include wrap,batch or sliced bread filled with a selection from meat, tuna, egg plus a choice of salad/cous cous and Dessert Iced Lemon Sponge* or Fruit, Yoghurt, Cheese and crackers available and Drink Apple/Orange Juice Various Milkshakes	Hot Option Homemade Chicken Nuggets□ Or Veggie nuggets□ With Saute Potatoes § Carrots Or Jacket potato with filling□ Or <u>Deli Option</u> □ Design your own-to include wrap, batch or sliced bread filled with a selection from meat, tuna, egg plus a choice of salad/cous cous and <u>Dessert</u> Layered Strawberry Mousse or Fruit, Yoghurt, Cheese and crackers available and <u>Drink</u>	Hot Option Homemade Burger □Or Veggie Burger□ served with Corn on the cob Or Jacket potato with filling □ Or Delí Option □ Design your own-to include wrap, batch or sliced bread filled with a selection from meat, tuna, egg plus a choice of salad/cous cous and Dessert Chocolate Cake* or Fruit, Yoghurt, Cheese and crackers available and Drink Apple/Orange Juice Various Milkshakes	Hot Option Roast Beef □Or Quorn Fillet□ served with Yorkshire pudding, Roast potatoes, Gravy and Broccoli Or Jacket potato with filling □ Or <u>Deli Option</u> □ Design your own-to include wrap, batch or sliced bread filled with a selection from meat, tuna, egg plus a choice of salad/cous cous and <u>Dessert</u> Shortbread Fingers or Fruit, Yoghurt, Cheese and crackers available and <u>Drink</u> Apple/Orange Juice	Hot Option Fish Fingers § Chips□ Or Vegetable Finger § Chips□ served with Peas Or Jacket potato with filling □ Or Delí Option □ Design your own-to include wrap, batch or sliced bread filled with a selection from meat, tuna, egg plus a choice of salad/cous cous and Dessert Ice Cream § fresh fruit salad or Fruit, Yoghurt, Cheese and crackers available and Drink Apple/Orange Juice Various Milkshakes Water/Milk
*Recípe contaíns courgettes	Apple/OrangeJuíce Varíous mílkshakes Water/Mílk	Water/Mílk *Recípe contaíns beetroot	Varíous Mílkshakes Water/Mílk	Wuter/Muk

Dawpool Primary School Menu – Week 2

Name:	Name:	Name:	Name:	Name:
	Tuesday	Wednesday	Thursday	Fríday
Please select option:	Please select option:	Please select option:	Please select option:	Please select option:
<u>Hot Option</u>	<u>Hot Optíon</u>	<u>Hot Option</u>	<u>Hot Optíon</u>	<u>Hot Option</u>
Hot Dog ín a Fínger Roll 🗖	Cottage Píe □ Or	Mac ξ Cheese with bacon \Box	Hot Turkey Baguette Or	Homemade Sausage
Or	Soya Mínce Píe	Or	Quorn Fillet	.Spín □ Or
Quorn Sausage	Served with Green beans	Mac 🗧 Cheese-no bacon 🗖	with Gravy, Onions,	Vegetable nuggets□
served with a Pasta Pot §	Or	Served with Peas	Cranberry sauce & Chopped	served with chips § baked
Carrots	Jacket potato with filling 🗖	Or	salad	beans
Or	Or	Jacket potato with filling 🗖	Or	Or
Jacket potato with filling 🗖	<u>Delí Optíon</u>	Or	Jacket potato with filling 🗖	Jacket potato with filling 🗖
Or	Design your own-to include	<u>Delí Option</u>	Or	Or
Delí Optíon 🗖	wrap, batch or sliced bread	Design your own-to include	<u>Delí Optíon</u>	Delí Optíon 🗖
Design your own-to include	filled with a selection from	wrap, batch or sliced bread	Design your own-to include	Design your own-to include
wrap, batch or sliced bread	meat, tuna, egg plus a choice of	filled with a selection from	wrap, batch or sliced bread	wrap, batch or sliced bread
filled with a selection from	salad/cous cous	meat, tuna, egg plus a choice of	filled with a selection from	filled with a selection from
meat, tuna, egg plus a choice of		salad/cous cous	meat, tuna, egg plus a choice of	meat, tuna, egg plus a choice of
salad/cous cous	and	and	salad/cous cous	salad/cous cous
and	Dessert	Dessert	and	and
Dessert	FruitJelly	Sticky Toffee Pudding	Dessert	Dessert
Jam & Cream Fingers	Or	Or	Homemade Jammíe Dodgers	Chocolate Oatíe Cookíes
Or	Fruit, Yoghurt, Cheese and	Fruit, Yoghurt, Cheese and	Or	Or
Fruit, Yoghurt, Cheese and	crackers avaílable	crackers avaílable	Fruit, Yoghurt, Cheese and	Fruít, Yoghurt, Cheese and
crackers avaílable	and	and	crackers avaílable	crackers avaílable
and	Drink	Drínk	and	and
Drínk	Apple/OrangeJuice	Apple/OrangeJuice	<u>Drínk</u>	<u>Drínk</u>
Apple /Orange Juíce	Varíous Mílkshakes	Various Milkshakes	Apple /Orange Juice	Apple /Orange Juíce
Varíous Mílkshakes	Water/Mílk	Water/Mílk	Various Milkshakes	Various Milkshakes
Water/Mílk			Water/Mílk	Water/Mílk

<u> Dawpool Prímary School Menu – Week 3</u>

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Name:	Name:	Name:		
Monday	Tuesday	wednesday	Thursday	Fríday
Please select option:	Please select option:	Please select option:	Please select option:	Please select option:
Hot Option Cheese § Tomato Pizza (plus additional toppings available) □ With Pasta Pot Cucumber sticks/cherry tomatoes Or Jacket potato with filling □ Or <u>Delí Option</u> □ Design your own-to include wrap, batch or sliced bread filled with a selection from meat, tuna, egg plus a choice of salad/cous cous and <u>Dessert</u> Eton Mess Or Fruit, Yoghurt, Cheese and crackers available and <u>Drínk</u> Apple/Orange Juice Various Milkshakes	Hot Option Creamy Chicken Curry □Or Quorn curry □ With Rice, Broccoli § Naan bread Or Jacket potato with filling □ Or <u>Deli Option</u> □ Design your own-to include wrap, batch or sliced bread filled with a selection from meat, tuna, egg plus a choice of salad/cous cous and <u>Dessert</u> Frozen Smoothie Or Fruit, Yoghurt, Cheese and crackers available and <u>Drínk</u> Apple/OrangeJuice Various milkshakes Water/Milk	Hot Option Roast Pork & Apple Sauce □Or Roasted Quorn □ served with roast potato, gravy Carrot & swede Or Jacket potato with filling □ Or Delí Option □ Design your own-to include wrap, batch or sliced bread filled with a selection from meat, tuna, egg plus a choice of salad/cous cous and Dessert Black Forest Gateaux Or Fruit, Yoghurt, Cheese and crackers available and Drink Apple/Orange Juice Various Milkshakes Water/Milk	<u>Het Option</u> Spaghetti Bolognaise □ Or Quorn mince Bolognaise □ With Sweetcorn Or Jacket potato with filling □ Or <u>Deli Option</u> □ Design your own-to include wrap, batch or sliced bread filled with a selection from meat, tuna, egg plus a choice of salad/cous cous and <u>Dessert</u> Strawberry Slice Or Fruit, Yoghurt, Cheese and crackers available and <u>Drínk</u> Apple/Orange Juice Various Milkshakes Water/Milk	Hot Option Fish Fingers § Chips□ Or Vegetable Burger in a bun § Chips□ served with Baked Beans Or Jacket potato with filling □ Or Delí Option □ Design your own-to include wrap, batch or sliced bread filled with a selection from meat, tuna, egg plus a choice of salad/cous cous and Dessert Homemade Flapjack Or Yoghurt, Cheese and crackers available and Drínk Apple/Orange Juice Various Milkshakes Water/Milk